

SCHOOL WELLNESS INDEX

ERIE COUNTY

2020-2021

LEGEND: 1 = Consistently exceeds goal 2 = Consistently meets goal 3 = Needs work to meet goal * = Not Applicable

<u>GOALS</u>	Blessed Sacrament	Mother Teresa academy	Our Lady of Peace	St. George	St. James	St. Luke	St. Gregory
School provided comprehensive nutrition education program.	3	2	1	1	2	3	3
Nutrition Education is incorporated into the curriculum.	3	3	2	2	2	2	2
The school provided a comprehensive physical education program that meets Diocesan Standards.	1	2	1	1	1	2	2
The school educated students about the value of physical activity and provided opportunities for every student to develop his/her knowledge and skills.	1	2	1	1	2	2	2
Students do not have periods of 2 hours or more of inactivity.	1	2	1	1	2	1	2
The School Lunch Program met all minimum requirements set by local, state, and federal statues.	1	1	1	1	1	2	NA
Students have a minimum of 20 minutes to eat lunch and a minimum of 10 minutes to eat breakfast.	1	1	1	1	1	1	2
Students have access to hand washing or hand sanitizing before all meals and snacks.	1	1	1	1	1	1	2
Healthy food and beverage choices were available at vending machines, student stores, and at parties and fundraisers.	2	NA	1	2	NA	1	2
Beverage consumption in the classroom was limited to water, 100% juice, and low fat or non-fat milk.	1	1	1	2	2	1	2
Fundraising efforts include healthy foods and non food items.	2	NA	2	2	2	2	2

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OUTSIDE OF ERIE COUNTY

LEGEND: 1 = Consistently exceeds goal 2 = Consistently meets goal 3 = Needs work to meet goal * = Not Applicable

GOALS	St. Joseph Lucinda	DuBois Area Catholic	Elk County Catholic	Ss. Cosmas & Damian Punxsutawne y	Seton	St. John Paul II	St. Michael
School provided comprehensive nutrition education program.	1	2	1	2	2	2	1
Nutrition Education is incorporated into the curriculum.	1	2	1	2	2	2	2
The school provided a comprehensive physical education program that meets Diocesan Standards.	1	1	1	1	2	1	2
The school educated students about the value of physical activity and provided opportunities for every student to develop his/her knowledge and skills.	1	1	1	1	2	1	1
Students do not have periods of 2 hours or more of inactivity.	1	1	1	1	2	2	2
The School Lunch Program met all minimum requirements set by local, state, and federal statutes.	NA	11	1	1	2	NA	NA
Students have a minimum of 20 minutes to eat lunch and a minimum of 10 minutes to eat breakfast.	1	1	1	1	2	1	1
Students have access to hand washing or hand sanitizing before all meals and snacks.	1	1	1	1	2	1	1
Healthy food and beverage choices were available at vending machines, student stores, and at parties and fundraisers.	2	2	1	1	2	2	NA
Beverage consumption in the classroom was limited to water, 100% juice, and low fat or non-fat milk.	1	2	1	2	2	2	1
Fundraising efforts include healthy foods and non food items.	2	2	1	1	2	3	2