

April is Child Abuse Prevention Month



30 days of promoting healthy environments and safe kids!

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|--|
| 1 Easter Sunday Attend mass as a family. | 2 Reflect on the parenting you received as a child and how that impacts how you parent today. | 3 Read a book with your child. | 4 Plan and cook dinner together with your child. | 5 Ask your child who is important to them. Thank God for those special people. | 6 Plant a pinwheel garden with your child in your front yard – <i>Pinwheels for (Child Abuse) Prevention.</i> | 7 Go to the park or the playground and celebrate spring. |
| 8 Attend Be A Hero Day Tom Ridge Environmental Center Noon-4 pm | 9 Take a walk with your child. | 10 Teach your child to resolve conflicts peacefully. | 11 Hug your child often. | 12 Organize a “Clothes Swap Potluck” to swap children’s clothes. | 13 Establish an internet usage agreement with your child. | 14 Make time to do something you enjoy. |
| 15 Establish a daily routine, make prayer part of that routine. | 16 Educate yourself on predator grooming practices. | 17 Volunteer at your child’s school or your child’s Religious Education Program. | 18 Have a family game night. | 19 Make something with your child. Arts and crafts are fun for adults too! | 20 Check your child’s online profile and your child’s cell phone privacy settings. | 21 Volunteer together as a family. |
| 22 Earth Day Plant some flower seeds. Thank God for all our gifts. | 23 Review social media/internet rules with your child. | 24 Make a list of things you are thankful for. | 25 Role play emotions with your child. What do you do when you are happy, etc. | 26 Bake or decorate cookies with your child. | 27 Leave an encouraging note for your child. | 28 Practice your child’s favorite sport with them. |
| 29 Explore the world from your child’s point of view. | 30 Talk to your parish about starting a parent-support ministry. | | Check out what the diocese is doing for child abuse prevention. http://www.eriecd.org/protectyouth.htm | And don’t forget: Role play safe environment scenarios with your child. “What would you do if...?” | | |



For more information call the diocesan Office for the Protection of Children and Youth at 814-824-1195 or email childprotection@ERIEcd.org

Calendar developed in part with information from the





[This Photo](#) by Unknown
Author is licensed under [CC](#)
[BY-NC-ND](#)