

LENT

Third Week of Lent—2017



Feast of Saint Joseph:

On March 20th, the Church celebrates the Feast of Saint Joseph. Spend time as a family learning more about the life of Saint Joseph and his love and guidance of Jesus.

For more information on his life visit:

EWTN: <https://www.ewtn.com/library/MARY/JOSEPH2.HTM>

- * As spring approaches, donate winter coats that no longer fit to a local thrift store.
- * Plan a week of random acts of kindness both in your family and at work or school.

Lenten Books for Children and Families

* *Lenten Adventure Activity Book 1 and Book 2* By: Holy Heroes

* *Bringing Lent Home with Mother Teresa: Prayers, Reflections, and Activities for Families.* By: Donna-Marie Cooper O'Boyle

* *The Easter Garden: A Lenten Experience for Children*

By: Marcia Stoner and Daphna Flegal

* *Countdown to Easter - Daily Lenten Devotions For Children* By: Ruth Geisler

For more resources visit:

Holy Heroes

<http://www.holyheroes.com/>

The Catholic Company

<https://www.catholiccompany.com/>



*Spend time reading and sharing the impact of Scripture with your family.

*For the readings of the day visit www.usccb.org/bible/readings

Romans 5:1-2

Brothers and sisters:

Since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

Matthew 1:20

"Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her. She will bear a son and you are to name him Jesus, because he will save his people from their sins."

Psalms 95: 1-2

Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

Good Deeds Bracelet:

You will need (per bracelet):

- one satin cord or shoelace (about 30" long)
- 10 pony beads (color combo chosen by the child)
- a safety pin (and a cushion to pin it to)
- a holy medal or plastic cross (optional)



1. Fold the cord in half, secure a simple knot about 1/2" from the folded end.
2. Fasten the cord with the safety pin to a cushion to make it easier to thread the beads.
3. Thread each end of the cord into the bead in opposite directions. The cord will cross itself inside the bead.
4. Continue threading each of the 10 beads with both ends of the cord.
5. Tie a knot at least 1/2" past the last of the 10 beads. Add a holy medal or plastic cross and knot again.
6. Leave enough loose cord after the medal or cross to tie the bracelet around the wrist.

The **Good Deed Bead Bracelet** can be worn on the wrist.

Slide each bead in one direction, counting special prayers, good deeds or sacrifices made, one at a time. When all 10 beads are pushed to one side, begin sliding each bead in the other direction. Keep counting those prayers, good deeds and sacrifices!