









Parish Social Ministry/Respect Life




Lenten Family Calendar 2011

CORPORAL WORKS OF MERCY

- To feed the hungry.
- To give drink to the thirsty.
- To clothe the naked.
- To visit the prisoner.
- To shelter the homeless.
- To visit the sick.
- To bury the dead.

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>March 9</p>  <p>ASH WEDNESDAY</p> <p><i>"We are Ambassadors for Christ, as if God were appealing through us."</i> 2 Cor 5:20</p> <p>How can you be an ambassador for Christ?</p>	<p>10</p>  <p><i>"Blessed are they who hope in the Lord."</i> Ps 40:5</p>  <p>Reach out to someone in need and give them hope!</p>	<p>11</p> <p><i>"My sacrifice, O God, is a contrite spirit; a heart contrite and humbled, O God, you will not spurn."</i> Ps 51:19</p>  <p>Participate in the Sacrament of Reconciliation</p>	<p>12</p> <p>Jesus said to him, "Follow me." Lk 5:28</p>  <p><i>"Come, follow me."</i></p> <p>"The human person finds his perfection in seeking and loving what is true and good." Pope Benedict XVI</p>	<p>13</p> <p>First Sunday in Lent</p> <p><i>"One does not live by bread alone, but on every word that comes forth from the mouth of God."</i> Mt 4:4</p>  <p>Spend time reviewing today's readings.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>14</p> <p><i>"Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world."</i> Mt 25:34</p>  <p>Brothers and Sisters in Christ</p> <p>Go out and prepare the kingdom for others.</p>	<p>15</p> <p><i>"Glorify the Lord with me, let us together extol his name."</i> Ps: 34:4</p>  <p>Become involved with a ministry at your parish.</p>  <p>"Preach the Gospel at all times. When necessary use words." St. Francis of Assisi</p>	<p>16</p> <p><i>"Have mercy on me, O God, in your goodness; in the greatness of your compassion wipe out my offense."</i> Psalm 51:3</p>  <p>Visit the Sick</p> <p>Engage in one of the corporal works of mercy this week.</p>	<p>17</p> <p>Feast of St. Patrick, Bishop</p>  <p>Old Irish Blessing</p> <p>May the Road rise up to meet you. May the wind always be at your back. May the sun shine warm upon your face and rains fall soft upon your fields. And until we meet again, May God hold you in the palm of His hand.</p>	<p>18</p> <p><i>"I trust in the Lord; my soul trusts in his word."</i> Psalm 130:5</p>  <p>Be a living example of Christ's love to all people you encounter today.</p> 	<p>19</p> <p>Solemnity of St. Joseph, husband of the Blessed Virgin Mary</p>  <p>"Joseph, Son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her." Mt. 1:20</p>	<p>20</p> <p>Second Sunday in Lent</p> <p>Jesus came and touched them, saying, "Rise, and do not be afraid." Mt. 17:7</p>  <p>Reach out to someone who is vulnerable today; visit a local nursing home.</p>

Lenten Family Calendar 2011

March 21
 "Be merciful, just as your Father is merciful. Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven." Lk 6:36-37



"If we really want to love, we must learn to forgive."
 Blessed Teresa of Calcutta

22
 "Make justice your aim; redress the wronged, hear the orphan's plea, defend the widow." Is 1:17



Work for justice for all people in your community and in our country.

23
 "Into your hands I commend my spirit; you will redeem me, Lord, faithful God." Is 31:6



Spend time in silence contemplating God's will in your life.



24
 "Blessed is the man who trusts in the Lord, whose hope is the Lord." Jer 17:7
 Search for truth in all things.



Consider reading "Charity in Truth" written by Pope Benedict XVI.

25
Solemnity of the Annunciation of the Lord



"Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son and you shall name him Jesus."

Lk 1:30-31

26
 "Bless the Lord, O my soul; and all my being, bless his holy name." PS 103:1



COUNT YOUR BLESSINGS!

27
 Third Sunday in Lent
 "God proves his love for us in that while we were still sinners Christ died for us." Rom.5:8



"Without Love, deeds, even the most brilliant, count as nothing."
 ~St. Therese of Lisieux



Almsgiving

Take time to make the needs of the poor your own, especially the needy in your community.

Take time to minister to someone in need.

Live out the works of mercy in your own life.



FEED THE HUNGRY



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

28
 "When shall I go and behold the face of God?" Ps 42:3
 Where do you see the face of God?



See the face of God in all people.

29
 "Good and upright is the Lord thus he shows sinners the way. He guides the humble to justice, He teaches the humble his way." Psalm 25:8



Become involved in an organization that promotes justice and peace.

30
 "Whoever obeys and teaches these commandments will be called greatest in the Kingdom of heaven." Mt 5:19



Become a mentor to a young person.

31
 "Listen to my voice; then I will be your God and you shall be my people. Walk in all the ways that I command you, so that you may prosper." Jer 7:23



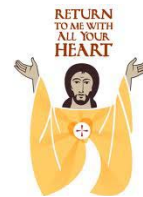
"It is better to be the child of God than King of the whole world."
 ~St. Aloysius Gonzaga

April 1
 "You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You shall love your neighbor as yourself. There is no other commandment greater than these." Mark 12:30 31



"Love your Neighbor as Yourself."

2
 "Come, let us return to the Lord." Hos 6:1



Reach out to someone and bring them back to the Lord.






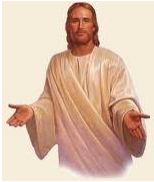


Learn more about **Catholics Come Home**

3
 Fourth Sunday in Lent
 "You were once darkness, but now you are light in the Lord. Live as children of light, for light produces every kind of goodness and righteousness and truth." Eph 5:8-9



Be the Light of Christ to others.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>4 "I will extol you, O Lord, for you drew me clear and did not let my enemies rejoice over me." Ps 30:4</p>  <p>Spend time reflecting on today's readings.</p> 	<p>5 "God is our refuge and our strength, an ever present help in distress." Psalm 46:2</p>  <p>"Apart from the cross, there is no other ladder by which we may get to heaven." ~St. Rose of Lima</p>	<p>6 "Amen, amen, I say to you, whoever hears my word and believes in the one who sent me has eternal life and will not come to condemnation, but has passed from death to life." Jn 5:24</p> <p>Confession</p> <p>Participate in the sacrament of Reconciliation</p>	<p>7 Remember us, Lord, as you favor your people. PS 106:4</p>  <p>Jesus, remember me when you come into your Kingdom.</p>	<p>8 "The Lord is close to the broken-hearted; and those who are crushed in spirit he saves. Many are the troubles of the just man, but out of them all the Lord delivers him" Ps 34:19-20</p>  <p>Pray for courage to face adversity in your life.</p>	<p>9 "This is truly the Prophet." "This is the Christ." Jn 7:40-41</p>  <p>"All that we do is a means to an end, but love is an end in itself, because God is love." ~St. Edith Stein</p>	<p>10 Fifth Sunday in Lent</p>  <p>"Illness is not to end in death but is for the glory of God, that the Son of God may be glorified through it." Jn 11:4</p>  <p>Remember Our SHUT-INS</p> <p>Visit someone who is in the hospital or homebound</p>

Fasting









Fast to gain a greater awareness of the needs of the hungry.

Fast in food, drink, clothes and amusements.






Using less resources is beneficial for our planet.



Lenten Meal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>11 "Let the one among you who is without sin be the first to throw a stone at her." Jn 8:7</p>  <p>Ask for forgiveness from someone that you hurt.</p>	<p>12 "O Lord, hear my prayer, and let my cry come to you. Hide not your face from me in the day of my distress" Ps 102:2-3 "We always find that those who walked closest to Christ were those who had to bear the greatest trials." ~ St. Teresa of Avila</p> 	<p>13 "Blessed are you, O Lord, the God of our fathers; And blessed is your holy and glorious name, praiseworthy and exalted above all for all ages."Dn 3:52</p>  <p>Take time to participate in Eucharistic Adoration</p>	<p>14 "Look to the Lord in his strength; seek to serve him constantly." PS 105:3</p>  <p>How do you serve the Lord?</p>  <p>Volunteer at a Soup Kitchen</p>	<p>15 "Sing to the Lord, praise the Lord, for He has rescued the life of the poor from the power of the wicked." Jer 20:13</p>  <p>PRaise LORD!</p> <p>Learn about different ways to serve the underprivileged in your community.</p>	<p>16 "My dwelling shall be with them; I will be their God, and they shall be my people." Ez 37:27</p>  <p>"Be humble in this life, that God may raise you up in the next." ~St. Stephen of Hungary</p>	<p>17 PALM SUNDAY OF THE LORD'S PASSION "From noon onward, darkness came over the whole land until three in the afternoon. And about three o'clock Jesus cried out in a loud voice, "Eli, Eli, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" Mt. 27:45-46</p> 

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>18 <i>"I, the Lord, have called you for the victory of justice, I have grasped you by the hand; I formed you, and set you as a covenant of the people a light for the nations."</i> <i>Is 42:6</i></p>  <p>Pray that all people respect the sanctity of human life from conception to natural death</p>	<p>19 <i>"The Lord called me from birth, from my mother's womb he gave me my name."</i> <i>Is 49:1</i></p>  <p>Pray to know God's will in your life.</p> <p><i>"In everything, God himself is hidden within."</i> <i>~St. Bonaventure</i></p>	<p>20 <i>"Lord, in your great love, answer me."</i> <i>Ps 69:14</i></p>  <p><i>"The proof of love is in the works."</i> <i>~Pope St. Gregory the Great</i></p> <p>Reach out to someone in love today.</p>	<p>21 Evening of the Lord's Supper <i>"If I, therefore, the master and teacher have washed your feet, you ought to wash one another's feet. I have given you a model to follow, so that as I have done for you, you should also do."</i> <i>Jn 13:14-15</i></p>  <p>How are you a disciple of Jesus?</p>	<p>22 Good Friday of the Lord's Passion</p> <p><i>"Standing by the cross of Jesus were his mother and his mother's sister, Mary the wife of Clopas, and Mary of Magdala. When Jesus saw his mother and the disciple there whom he loved he said to his mother, "Woman, behold, your son." Then he said to the disciple, "Behold your mother." and from that hour the disciple took her into his home."</i> <i>Jn 19:25-27</i></p>	<p>23 The Resurrection of the Lord</p> <p><i>"I know that you are seeking Jesus the crucified. He is not here, for he has been raised just as he said. Come and see the place where he lay. Then go quickly and tell his disciples, 'He has been raised from the dead, and he is going before you to Galilee; there you will see him.'"</i> <i>Mt. 28:5-7</i></p>	<p>24 EASTER SUNDAY The Resurrection of the Lord</p>  <p>Regina Caeli, laetare, Alleluia: Quia quem meruisti partare, Alleluia. Resurrexit, sicut dixit, Alleluia, Ora pro nobis Deum, Alleluia.</p>



Christ is Risen! Alleluia!

As we recall the Resurrection of Our Lord and Savior, Jesus Christ, let us all continually model the Gospel call to love one another in our own homes and communities.

Happy Easter!

Office of Parish Social Ministry and Respect Life