

Conference Registration

Detach and return one form for each person attending with payment to:

Jim King, P.O. Box 1274, Fremont, OH 43420

Name _____

Agency/Organization _____

Your Mailing Address _____

City _____

State _____ Zip _____

Email _____

Phone _____

May the above information be shared with fellow conference participants? _____ Yes _____ No

Workshop Preferences (1-6)

Check ONE for each session

Sessions Friday AM _____1 _____2 _____3

Sessions Friday PM _____4 _____5 _____6

Full Conference Fee \$ _____

Discounted Conference Fee ... \$ _____

Single Day \$ _____

Tour (\$60) \$ _____

Total Enclosed \$ _____

► **Make checks payable to: Mercy Network On Aging**

► **Your cancelled check is your receipt.**

CEU's

Full conference only No charge

Certificate of Attendance ... No charge

Circle: LNHA SW RN

State License(s) Required # _____

This program has been submitted for Continuing Education for Registered Nurses, Social Workers, and Nursing Home Administrators.

Register Early & Save!

FULL CONFERENCE

Includes reception, 2 breakfast buffets, 1 luncheon buffet & 1 dinner

By August 1\$350

After August 1\$395

Group Discount\$ 25
per person when registering
3 or more on same check

SINGLE DAY

Thursday Evening\$ 50

Friday\$175

Saturday\$ 75

Trip to Niagara Falls\$ 60
(boxed lunch included)

There is a \$100 surcharge for cancellations on or before September 1, 2019.

No refunds after September 2, 2019.

QUESTIONS?

Please contact Michelle Bieszczad at mbieszczad@mercymidatlantic.org or Jean Sassatelli at jsassatelli@mercywmw.org

HOTEL

MNOA has reserved a special block of rooms at a discounted rate of \$99 + tax per night (single or double room). For the discounted rate you must register with the hotel by September 2, 2019. Reference "MNOA" or Mercy Network on Aging (MNOA) Conference.

► For Hotel Information and to Make a Reservation, Contact:

Millennium Hotel
2040 Walden Avenue
Buffalo, NY 14225
Phone: 800-323-3331

Special Needs: Please discuss any special needs directly with the hotel when making your reservation.

Free parking available. 24 hour complimentary airport shuttle available upon request.

Sister Judith Frikker, RSM, MD



Thursday, October 3
Keynote Address 6 PM
Grace of Change

Judith Frikker, RSM was born and raised in Detroit, MI and entered the Sisters of Mercy there. She became a physician and trained in Internal Medicine. While working as an Internist in the United States she was invited to two months of service in Guyana. This experience motivated her to explore other options and she later served in Chile for twelve years. Upon returning from Chile, she was elected to leadership in the Sisters of Mercy, first in Detroit, then in the newly formed West Midwest Community and in 2017 to the Institute Leadership Team.

Dr. Kathleen A. Powers, EdD, RN



Friday, October 4
General Session 9 AM
It is About People – Transitions and Dementia

Friday, October 4
Concurrent Session 11 AM, 4 PM
Transitions and Dementia – Further Exploration

Dr. Powers is a graduate of the University of Rochester and the University of Buffalo Schools of Nursing, and the Warner School of Education at the University of Rochester. She has over 40 years of experience in nursing and nursing education. She has held positions as staff nurse, manager, tenured professor of nursing, administrator and dean and director of nursing at both Alfred University and St. John Fisher College and was Associate Provost and Dean of the Graduate School at St. John Fisher College. Most recently she was the Director of the Learning Institute, Alzheimer's Association.

Dr. Susan Wehry, MD



Friday, October 4
General Session 2 PM
Does Asking for Help Make Me Look Helpless?

Friday, October 4
Concurrent Session 11 AM, 4 PM
Engaging Aging

Dr. Susan Wehry, Chief of Geriatrics at the University of New England's College of Osteopathic Medicine, is a geriatric psychiatrist with over 30 years of experience as a physician leader and educator. During her multifaceted career she has worked with policy makers, health and human service professionals, older adults and family caregivers throughout the country. Susan sums up her career like this: Whether I am at the bedside or the statehouse, in the boardroom or the classroom, I have one simple aim: to turn the tables on ageism and promote the highest quality of life and care across the lifespan.

Kris Sullivan, RN, BSN, MHA



Friday, October 4
Concurrent Session 11 AM, 4 PM
The Journey Through Transitions

Kris graduated as a 4-year Diploma Graduate RN in 1985 from Clarkson College in Omaha, Nebraska. She returned to Clarkson College and received her BSN in 2005. In 2010, she completed her Master's degree in Health Care Administration. She has been a certified Gerontologic Nurse through the ANCC since 1998. Her career has been dedicated to geriatric nursing. She is currently a consultant after 20 plus years working with the Sisters of Mercy. She enjoys spending her time doing many hobbies, volunteer work and enjoying her family and grandchildren.

Avis Clendenen, PhD, DMin



Saturday, October 5
General Session 8:45 AM
Seeing Through a Glass Dimly (I Cor. 13: 11-13): Opening the More Difficult to Grace in Ministry with Elders

This is Avis' 4th time presenting at the Mercy Network on Aging. She is Professor Emerita of Religious Studies, Saint Xavier University. Avis offers retreats on the spirituality of elder years and provides presentations and retreats that integrate insights from depth psychology with spiritual life and growth. Avis is a 25-year Associate with the Sisters of Mercy. Author, co-author or editor of 5 books, her recent work includes a lengthy entry on "Sin across the Life Cycle," in The SAGE Encyclopedia of Lifespan Human Development (2018) and completing Forgiving God: Healing the Divine/Human Fracture with Troy Martin.

Sister Joan Chittister, OSB, PhD



Saturday, October 5
Keynote Address 10:30 AM
The Gift of Years

Sister Joan is an international lecturer and author of over 50 books. A regular columnist for the National Catholic Reporter, she has received numerous awards for her commitment to justice, peace and equality, especially for women, in church and in society. Her Master's degree is from the University of Notre Dame, her Doctorate from Penn State University and she was also an Elected Fellow and Von Hugel lecturer of St. Edmund's College, Cambridge University. She served as president of the Leadership Conference of Women Religious (LCWR) and was prioress of the Benedictine Sisters of Erie for 12 years.

Program at a Glance

Thursday, October 3, 2019

3 pm – 5 pm Registration

5:30 pm Opening Prayer

5:45 pm Welcome

6 pm Keynote Address
Grace of Change
Sister Judith Frikker, RSM, MD

7 pm Reception Hosted by
Institute Leadership Team
The Sisters of Mercy of the Americas

Friday, October 4, 2019

7:30 am Registration & Breakfast Buffet

8:45 am Prayer

9 am General Session
It is About People – Transitions and Dementia
Dr. Kathleen A. Powers, EdD, RN

10:30 am Pause

11 am **Concurrent Sessions 1 – 3**
Sessions
1 & 4
Transitions and Dementia – Further Exploration
Dr. Kathleen A. Powers, EdD, RN

Sessions
2 & 5
Engaging Aging
Dr. Susan Wehry, MD

Sessions
3 & 6
The Journey Through Transitions
Kris Sullivan, RN, BSN, MHA

12:30 pm Luncheon Buffet

Friday, October 4, 2019 (continued)

2 pm General Session
Does Asking for Help Make Me Look Helpless?
Dr. Susan Wehry, MD

3:15 pm Pause

4 pm **Concurrent Sessions 4 – 6**

6 pm Cash Bar

6:30 pm Dinner
Networking & Dessert

Saturday, October 5, 2019

7:30 am Breakfast Buffet

8:30 am Prayer

8:45 am **General Session**
Session 7
Seeing Through a Glass Dimly (1 Cor. 13: 11-13): Opening the More Difficult to Grace in Ministry with Elders
Avis Clendenen, PhD, DMin

10 am Pause

10:30 am Keynote Address
The Gift of Years
Sister Joan Chittister, OSB, PhD

12 pm Closing Remarks
Book Signing

1 pm Trip to Niagara Falls

7 pm Liturgy



Oneness in Transitions and Aging Gracefully

MNOA Statement of Purpose

Our purpose is threefold:

1. To foster networking among Sisters of Mercy and lay professionals who work in the field of aging.
2. To plan a national conference every 2-3 years addressing current topics in the field of aging as it relates to Mercy charism, values, and Catholic identity.
3. To continually learn from each other to pioneer innovative approaches to meet the ongoing needs of the aging population.

Conference Objectives:

- To understand and celebrate the richness of aging experiences as they pertain to spirituality, best practice models, and practical approaches.
- To learn innovative approaches to meet the individual needs of older adults.
- To affirm and energize the caregiver.

18th National
Conference on Aging
Buffalo, NY
October 3-5, 2019

Sisters of Mercy of the Americas
South Central Community
Attn: Mary Johnson
101 Mercy Drive
Belmont, NC 28012

