



# Jesus and the Eucharist Study

Every parish across the country is invited to host the Jesus and the Eucharist study during the Year of Parish Revival. This seven-session series will immerse participants in the kerygmatic proclamation (Sessions 1–4) and unveil God’s saving work in the Eucharist (Sessions 5–7).

Each session opens with an exhortation from a different bishop, followed by lectio divina prayer with scripture. The main lesson is drawn from content created by the Augustine Institute and will include personal testimonies from Catholics across the country. We will then transition into small group discussions. Each session will be 2 hours or less.

## BELOW IS AN OVERVIEW OF EACH SESSION:

### Session 1: What’s Our Story?

The Bible is the story of God’s love for us. He created us out of love, redeemed us by his love, and transforms us in his love.

### Session 2: Who Is Jesus?

Jesus is both God and man, therefore he reveals who God is in relation to us. Jesus asked Simon Peter, “Who do you say that I am?” (Matthew 16:15) He asks this same question of us: who do you say Jesus is?

### Session 3: Am I Saved?

Salvation is a gift from God through Jesus Christ that requires our “yes.”

### Session 4: Why a Church?

Jesus didn’t simply leave us a written message or instruction manual to follow. He gave us a living, dynamic Church where we encounter him personally and allow ourselves to be transformed into his likeness.

### Session 5: God Is With Us

God’s presence in the Old Testament foreshadows the gift of the Eucharist, one of the seven sacraments of the Church. Jesus established the Eucharist to give us strength and accompany us at every moment of our earthly journey.

### Session 6: The Story of the Eucharist

The story of the Eucharist can be traced throughout Scripture. From Genesis to the present day, this session explores how the Cross is the new Tree of Life, and the Eucharist is its fruit.

### Session 7: Bread for the Journey

The Eucharist sustains us on our spiritual journey. Our participation at Mass through the Liturgy of the Word and the Liturgy of the Eucharist is an offering of thanksgiving to God. We are then sent forth to share what we have received.

**Where:** St. Francis Xavier Parish, McKean, PA

**When:** Monday evenings 6:00-8:00 p.m. (Sept. 18, 25, Oct. 2, 9, 16, 23, 30

or

Wednesday mornings 10:00 a.m.— 12:00 Noon (Sept. 20, 27, Oct. 4, 11, 18, 25, Nov. 1)

**Cost:** FREE

**Who:** Anyone and Everyone is Welcome. Catholic, Non-Catholic, Fallen Away Catholic, Youth, Adults, Parishioners, Non-Parishioners. *(If you do join us from another parish we encourage you to consider offering the study in the Spring at your home parish. Sometimes experiencing something first leads to a better offering to others.)*

**Level of Commitment:** Come for all Sessions or come as your schedule allows. A link will be shared if you miss a session and want to stay caught up.

*If you have ever participated in “The Search” or “Presence: The Mystery of the Eucharist” studies, you will be familiar with some of the content in this series. We value your input and experience.*

**To help us prepare, consider signing up by scanning the QR Code, visiting our website [www.stfrancisxaviermckean.org](http://www.stfrancisxaviermckean.org), or calling Irene 814-476-7657 x7). Even if you don’t RSVP, know that you are welcome!**

