

Grieving^{with}Great HOPE

Bereavement Ministry of
St. Francis Xavier Parish, McKean

Meeting the 2nd Thursday of the Month, beginning
November 9th
St. Francis Xavier Parish Center
10:00 a.m. - Noon



There are no stages of grief. We all experience loss in our own unique way, but that does not mean we have to grieve alone. All are welcome to join us no matter how recent or long it has been since you've lost your loved one.

Utilizing resources developed by John and Sandy O'Shaughnessy, co-founders of Good Mourning Ministry, a Catholic Bereavement Apostolate, we wish to accompany mourners in remembering we are disciples of HOPE!

This series is prayerful, practical and personal. We will learn that there are ways to intentionally address grief, and have opportunity to share our stories in a safe and validating environment. Contact Joyce Traenkner (207-735-3366) or Barb Duchini (814-528-1736) for more information.