

# 12 WAYS YOUNG PEOPLE CAN LIVE LAUDATO SI'

Laudato Si' is a letter written by Pope Francis inviting us to undergo an hearts in a greater love for God, each



2. LEARN about the challenges facing our planet and the poor, learn what Pope Francis teaches in Laudato Si', and search for ways you can make



3. MEASURE how much energy

devices, Measure total energ use, water use and trash

6. SHOP WISELY by buying things that come with less packaging, only buying when needed, shopping vintage/used, buying organic when possible, supporting local nonprofits that help the poor.



### 9. REDUCE FOSSIL FUELS

walking/biking when it is



in your neighborhood, or in clubs to encourage ecoactions, and speak out on days like Earth Day, Laudato Si' Week, and the Church's World Day of the Poor.



7. PLANT a vegetable garden in your yard, plant more native trees, shrubs and flowers in your landscape, participate in "no mow May" to help the bees, water landscapes during cooler parts of the day.



10. VOLUNTEER with local organizations, nonprofits, and groups in your parish or diocese that work for the environment and the poor, and support them in ecological practices that reduce costs and free funds for mission.



12. CONNECT WITH GOD AND

**NATURE** by spending more time outside, hiking, backyard, taking a prayer walk with your youth group.

# 1. ENROLL IN THE LAUDATO SI' ACTION PLATFORM

with your family in the "Families" sector. From there you can reflect, set goals, plan, and connect with other families.



## 4. REDUCE ENERGY AND

WATER USE by installing LED



#### 8. TREAT EVERY PERSON

**5. REDUCE WASTE** by

they go bad.

using what you already

eating leftovers before

have before buying more,

WITH DIGNITY as part of God's creation, setting goals together as a family to decide ways to care for the earth and the poor. Sign a family pledge of responsibility and hang it II. USE YOUR VOICE at school, on the refridgerator.



www.laudatosiactionplatform.org



What else can you do to the Earth, the Cry of the Poor, and the Cry of Future Generations?