## Advent Centering Prayer Weekend Retreat December 2-4, 2022

Bridges to Contemplative Living with Thomas Merton: Adjusting your Life's Vision.

Facilitator: Sr. Ruth Ann Madera, CA

Bridges to Contemplative Living leads participants on a journey toward personal spiritual transformation and a more contemplative and peace-filled life. This retreat is designed for those with an established daily practice of centering prayer who wish to deepen the transforming love of God in the midst of silence and solitude. The weekend will include centering prayer, conferences with contemplative dialogue, personal time, meals and Sunday liturgy.

Sr. Ruth Ann Madera is a Retreat Director and also a Spiritual Director. She provides spiritual direction on an ongoing basis as well as spiritual companioning/direction during retreats at Bethany Retreat Center. Sr. Ruth Ann is a Centering Prayer facilitator and commissioned presenter of Centering Prayer for Contemplative Outreach. She has her degree in Religious Studies from St. Francis University. She is also, a graduate of Shalem's Spiritual Guidance Program.

Offering: \$258 (includes overnights, meals and book)

Deposit: \$75

Arrival: Friday after 3:00 pm, Dinner at 5:30 pm

Departure: 11:00 am, Sunday

Bethany Retreat Center is a division of Young People Who Care, Inc. and is located in Frenchville, PA. If you would like to register online or see what other retreats are currently scheduled, please visit our website <u>bethanyretreatcenter.org</u> for more information or to register. Or, you can contact us:

(814)263-4855

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