## Thanksgiving pie sale

Anawim Ministries is hosting a Thanksgiving Pie Sale just in time for the holidays. We will have ready to eat pumpkin pies AND our wonderful blueberry pies (blueberry pies will be frozen, ready to bake and serve)

Limited quantity available so place your order today. Call us at 814-263-4855 or email us at <u>bethanyretreatcenter@gmail.com</u>and our wonderful Diane will get your information.

## **Drumming retreat**

Join us for our Fall Drumming Retreat led by Tom Campbell.

This retreat will be held on October 21st and we will focus on the Sacred Tree of Life, found in almost all wisdom and indigenous traditions. We will build a sacred tree with our own unique branches. Each attendee will take home their decorated branch from the tree.

The Sacred Tree represents life and the cycles of time. We will do lots of rhythmic and reflective drumming, listen to stories that will touch your heart, move in prayerful ways, bless any new drums, and hopefully, enter into a deeper part of who we really are.

No experience necessary - Drums will be provided OR bring your own

- This is a one day only retreat and includes lunch -

Call us at 814-263-4855 or email us at <u>bethanyretreatcenter@gmail.com</u> to register

## **Grief counseling**

Are you or someone you love grieving?

Circumstantial loss can mean many different things including:

- R Divorce
- Relation Loss of a job
- Real Children leaving the nest

Cutoff or strained relationships with friends or family members

Missing friends or family members who have relocated Or any significant change in your life that you need to process.

All of these can lead to grieving in some way. Come to our upcoming retreat to better understand your situation and share with others facing similar challenges.

Call us at 814-263-4855 or email us at <u>bethanyretreatcenter@gmail.com</u> to register

## Other retreats for this year:

OCTOBER 2023 7 Essentials of Well Being October 20th-22nd Led by Ellee Morgan

Ideas Everywhere! Inspirations for Poetry October 27th – 29th Led by Marjorie Maddox

NOVEMBER 2023 Icon Writing Workshop November 6th - 10th Led by Fr. Peter Pearson

The Grieving Spirit: Loss of a Parent November 14th Led by Dr. Jan Satterlee

Advent Centering Prayer Retreat November 30th - December 3rd Led by Sr. Ruth Ann Madera

DECEMBER 2023 Advent Centering Prayer Retreat November 30th - December 3rd Led by Sr. Ruth Ann Madera The Grieving Spirit: Grief and the Holidays December 5th Led by Dr. Jan Satterlee