

Synod: Key Term #4

What is discernment?

Discernment is the process for finding out what we should be doing. It might involve doing research or making a list of pros and cons, as you would for any major decision, but it is more than that. Especially in a religious context, discernment means trying to recognize God's will. Fruitful discernment takes place in a space of prayer and study. It includes sincere conversations with appropriate people, self-reflection, and attempting to read the signs that God may be placing around us.

We often speak of someone "discerning their vocation," which is something every person should do. In a similar way, discernment also happens on a communal level, from the local all the way up to the universal Church. Councils and Synods are always attempting to discern the will of the Holy Spirit, so that what they decide and teach may be what God wishes in that particular context. For communal discernment, dialogue is always more helpful than debate. Discernment should help us to understand our own needs and desires, but the final goal is to accept the will of God.

What is the Synod on Synodality?

Pope Francis has asked the entire world to participate in a synod on the topic "For a Synodal Church: Communion, Participation, Mission." The central question he asks of everyone is:

A synodal Church, in announcing the Gospel, "journeys together." How is this "journeying together" happening today in our diocese? What steps does the Spirit invite us to take in order to grow in our "journeying together"?

You may be invited to participate in listening sessions at your local parish, or you may wish to give your input online. Participation in a synod should always involve prayer, listening, discussion, and above all, discerning the way that the Holy Spirit is guiding us. Hopefully these questions and answers can help you as you prepare your input.