

Hope, Peace, Joy & Love



SEASON *of* ADVENT

THE ANTICIPATION OF HIS COMING

Advent Prayer for the Jubilee of Hope

Heavenly Father,
as we enter this season of waiting,
open our hearts to the light of Your promise.

In this Jubilee of Hope,
may we renew our trust in Your mercy
and prepare a place for Christ in our lives.
Kindle within us the joy of His coming—
that our faith may shine, our love may deepen,
and our hope may be restored.

Come, Lord Jesus,
and make all things new.

Amen.



Diocese of Erie
ROMAN CATHOLIC



Plenary Indulgence

At least once during the Holy Year:

- Receive sacramental confession and absolution
- Receive Holy Communion

And carry out any of the following:

- Make a visit to either St. Peter Cathedral, Erie, or St. Leo Magnus Church, Ridgway, to pray for the intentions of the Holy Father.
- Visit the sick or others in need.
- Perform personal acts of penance for an entire day, such as:
 - Abstain from eating meat
 - Abstain from distractions
 - Abstain from unnecessary consumption of food or drink
- Perform significant acts of charity:
 - Contribute to the poor
 - Support the homeless, etc.
 - Volunteer a significant amount of time in support of human life and dignity

One plenary indulgence, for oneself or one deceased, can be received per day.

