

Established 1953

Our mission is to provide professional counseling and adoption services and other programs that educate, affirm, and support individuals of all faiths to achieve their fullest human potential.

Professional Counseling Services

We provide counseling services, which may be covered by insurance or a sliding fee scale. The fee varies according to the program.

Individual Counseling

Individuals may feel lonely, isolated, dissatisfied, afraid, frustrated or defeated in our complex society. Counseling can enhance one's self-worth, problem-solving abilities, and interpersonal connections. These benefits help to provide an opportunity to investigate how one's position might be improved.

If you or a loved one are affected by any of the following, our counseling services are here to help:

- Depression
- Anxiety
- Trauma
- Life Changes
- PTSD
- Anger
- Marriage and Relationship

Drug & Alcohol Counseling

Addiction presents different issues that vary from person to person. Our mission is to provide our clients with the tools and direction to establish a lasting foundation of recovery that is personalized to their needs.

- Drug Possession or Trafficking Charges
- DUI or DWI
- Domestic Violence
- Theft and Property Crimes
- Financial Crimes
- Assault and Violent Offenses
- Probation or Parole Violations

Professional Counseling Services Continued

Tobacco Cessation

Catholic Charities Counseling and Adoption Services (CCCAS) is proud to offer Tobacco Cessation Counseling, a program designed to help individuals overcome nicotine dependence and achieve a healthier, smoke-free life. Our evidence-based approach combines behavioral strategies, mindfulness techniques, and meditation practices to manage cravings, reduce stress, and support your journey. While we don't provide medications directly, we can connect you with trusted providers or recommend consulting your primary care physician for additional medical support. Whether you're ready to quit or just exploring your options, our compassionate counselors are here to guide you every step of the way. Take the first step toward a tobacco-free future—contact us today!

Problem Gambling Counseling

We are committed to providing specialized care for those struggling with gambling addiction, often linked to other challenges like substance abuse. This effort, funded by a generous grant, ensures that those without insurance can access these vital services at no cost, breaking down financial barriers to help. CCCAS is now listed as a provider on the Council on Compulsive Gambling of Pennsylvania's website, enhancing our reach to those in need. As gambling becomes more accessible through PA Skills Games, online platforms, and local casinos, CCCAS remains dedicated to offering hope, healing, and support. If you or someone you know is facing gambling addiction, contact us or the Council for resources and assistance. Together, we can build a brighter future.

Please call at 814-480-0065 or simply visit our website's "Contact" page (cccas.org) for more information or to make an appointment.



CATHOLIC CHARITIES

Counseling And Adoption Services

www.cccas.org



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