

PRAYERS FOR LENT

and beyond



LENT BEGINS FEB. 17

Praying the Stations of the Cross is a traditional Christian practice, especially during the six weeks of Lent. We accompany Jesus along his tortuous path to Calvary and come to more fully understand the depth of his love for us.

As we enter into another season of Lent and Easter still under the grips of the COVID-19 pandemic, the Stations of the Cross can be an ideal form of prayer said alone in church or at home. (Go to www.usccb.org/prayer-and-worship/prayers-and-devotions/stations-of-the-cross to see the full prayer form.)

In addition to the regular prayers at each station, consider keeping in mind Pope Francis' special intentions for 2021. Remember these monthly intentions as you say the Stations of the Cross this Lent and all prayers throughout the rest of the year. †

POPE FRANCIS' PRAYER INTENTIONS FOR 2021

JANUARY

Human fraternity: May the Lord give us the grace to live in full fellowship with our brothers and sisters of other religions, praying for one another, open to all.

FEBRUARY

Violence against women: We pray for women who are victims of violence, that they may be protected by society and have their sufferings considered and heeded.

MARCH

Sacrament of reconciliation: Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

APRIL

Fundamental rights: We pray for those who risk their lives while fighting for fundamental rights under dictatorships, authoritarian regimes and even in democracies in crisis.

MAY

The world of finance: Let us pray that those in charge of finance will work with governments to regulate the financial sphere and protect citizens from its dangers.

JUNE

The beauty of marriage: Let us pray for young people who are preparing for marriage with the support of a Christian community. May they grow in love, with generosity, faithfulness and patience.

JULY

Social friendship: We pray that, in social, economic and political situations of conflict, we may be courageous and passionate architects of dialogue and friendship.

AUGUST

The Catholic Church: Let us pray for the church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

SEPTEMBER

An environmentally sustainable lifestyle: We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.

OCTOBER

Missionary disciples: We pray that every baptized person may be engaged in evangelization, available to the mission, by being witnesses of a life that has the flavor of the Gospel.

NOVEMBER

People who suffer from depression: We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.

DECEMBER

Catechists: Let us pray for the catechists, summoned to announce the Word of God: may they be its witnesses, with courage and creativity and in the power of the Holy Spirit.

Source: The Pope's Worldwide Prayer Network (Apostleship of Prayer)