



## Safe Environment Training

### Approved DVD's for Grades PreK - 3

DVDs are available through the Office for the Protection of Children and Youth

| Name of DVD  | Length           | Misc.           | Brief Description  |
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| <b><i>You are in Charge of Your Body – Version B</i></b><br>#3426<br>Grades 3-5    | 31 min.          | Multiple Awards | The goal of this age-appropriate DVD is to protect young children from abuse by helping them understand what sexual abuse is, how they can recognize it, how and whom to tell, empowering kids to take charge of their bodies.   |
| <b><i>My Body Belongs to Me</i></b><br>#2788<br>Grades K-2                         | 25 min.          | Award Winner    | This age-appropriate DVD asserts that each child owns his or her body. Defines as private parts that area of the body covered by your bathing suit. Explains good touches, bad touches. Stresses the 3 important things viewers should do if someone ever tries to give them bad touches.  |
| <b><i>It's your Body: You're in Charge!</i></b><br>#2986<br>Grades K-2             | 20 min.          | Best Seller     | This age-appropriate DVD is designed to instruct children at an early age that they are in charge of their body, and that being touched is their choice only, not someone else's.  |
| <b><i>I am the Boss of My Body</i></b><br>#2796<br>Grades K-3                      | 20 min.          |                 | This DVD is designed to empower children to recognize and protect themselves from sexual abuse by becoming aware of their own feelings, likes and dislikes.  |
| <b><i>Daisy Tells a Secret</i></b><br>#3349<br>Grades PreK-3                       | 30 min.          | Award Winner    | Children learn the difference between good and bad secrets, how to identify safe grown-ups and, if abuse happens, it is never their fault.   |
| <b><i>Sexual Abuse: It's Not Your Fault</i></b><br>#3137<br>Grades 2-5             | 30 min.          |                 | Three real-life scenarios in this program will help young viewers to identify different types of sexually abusive behaviors, provide viewers with concrete ways to help stop the behaviors and keep themselves safe.   |
| <b><i>The Safety Show</i></b><br>#2785<br>Grades PreK-2                            | 44 min.          | Multiple Awards | With an emphasis on "I'm the boss of my body", <i>The Safety Show</i> empowers young viewers to keep themselves safe by offering them helpful language and tools in an engaging and memorable way. Adored host Ruby invites kids on a fun journey through beautiful, animated segments and original songs. The dvd can be shown in full or by segment. There is a craft project that can be skipped or incorporated. |
| <b><i>Can't Fool Me!</i></b><br>#3013<br>Grades PreK-3                             | 28 min.          |                 | This program gives children a chance to study Tricky People – the way they act, the words they use, and the way kids can respond to protect themselves.  |
| <b><i>Safety N.E.T. Kids: No Easy Targets</i></b><br>#2915<br>Grades K-6           | 30 min.          |                 | This DVD will teach children the importance of knowing when it's ok to say no, about unwanted touches, what to do when they are approached or grabbed by a stranger and how to react in other dangerous situations.  |
| <b><i>What Tadoo</i></b><br>#3149<br>Grades PreK-3                                 | 18 min.          |                 | Combining live action and puppets, the program is a humorous but straightforward look at the four basic rules of personal safety: Say No, Get Away, Tell Someone and Sometimes Yell.   |
| <b><i>Stranger Safety</i></b><br>#3048<br>Grades PreK-3                            | 42 min.          | Award Winner    | Children will learn how to avoid potentially dangerous situations with people they don't know and kinda-know in fun and memorable ways.  |
| <b><i>Say No with Pride</i></b><br>#3160<br>Grades 3-6                             | 15 min.          |                 | Using four true-to-life scenarios that kids will identify with, the DVD demonstrates skills children can apply to their everyday lives that will enhance their self-esteem and contribute to their self-confidence.  |
| <b><i>WISE OWL SAYS: When Telling Isn't Tattling</i></b><br>#3432<br>Grades PreK-2 | 12 min.          |                 | This program features a wise-cracking Wise Owl who tells viewers that if they want to figure out the difference between telling (which aims to help someone) and tattling (which aims to land someone in trouble) they should ask themselves his four "who" questions: Who might get hurt? Who is afraid? Who does it help? Who do I tell?   |
| <b><i>Arthur Stands Up to Bullying</i></b><br>#3433<br>Grades PreK-3               | 58 min. Segments |                 | Join the world's most famous aardvark, Arthur, and his family and friends as they stand up to bullying, learn about teasing, think about friendship, and more.   |
| <b><i>Don't Call Me Names</i></b><br>#3211<br>Grades K-3                           | 13 min.          |                 | This DVD focuses on the reasons for name-calling and how it affects others. It is designed to teach children important skills necessary for successful social interaction and emotional management.  |

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| <b><i>Sooper Puppy: Words Can Hurt</i></b><br>#3351<br>Grades PreK-3   | 19 min.            |                 | The importance of self-esteem, understanding emotions, controlling "hurtful" anger, respecting the feelings of other people, and learning to apologize are lessons taught in this program. Baxter learns to have consideration for others and to appreciate his individuality.   |
| <b><i>Words that Hurt</i></b><br>#3326<br>Grades 3-5   | 17 min.            |                 | Sticks and stones may break my bones, but words will never hurt me. Every child knows this nursery rhyme is just not true. Words do hurt. This age-appropriate program shows students how powerful words can be and what they can do when someone uses words that hurt.  |
| <b><i>Stop Picking on Me</i></b><br>#3210<br>Grades K-3  | 14 min.            |                 | This DVD demonstrates effective strategies kids can use to protect themselves against teasing, harassment, and bullying. These strategies give children the ability to have successful interaction and emotional management.   |
| <b><i>Safety N.E.T. Kids: "Bullies" Stand Tall, Be Strong</i></b><br>#2914<br>Grades 2-6   | 32 min.            |                 | Through this program, children will learn about the importance of building good friendships, simple practical and effective responses to threats and physical abuse, and how to handle name-calling.   |
| <b><i>Bully Smart Series</i></b><br>#3244<br>Grades 3-5<br><i>Are you a bully? (14 min.)</i><br><i>Five ways to stop a bully (13 min.)</i><br><i>Don't stand by (13 min.)</i><br><i>Help! I'm a bully! (14 min.)</i> | 54 min.<br>total   | Best<br>Seller  | This program encourages students to recognize bullying behavior in themselves. There are four individual sections on the DVD.  |
| <b><i>The Antidote to Bullying: Kindness and Respect</i></b><br>#3436<br>Grades 3-6  | 12 min.            |                 | Through dramatic vignettes, candid student reflections and expert insight, young viewers will get a clear understanding of what bullying is, how it affects victims and how kindness and respect can improve the situation.  |
| <b><i>Harassment Hurts: Gossiping, Taunting and Bullying</i></b><br>#3151<br>Grades 3-5  | 23 min.            |                 | Viewers will watch and react to dramatic vignettes that show realistic situations of harassment. A professional lends expert advice about what viewers can do to handle these difficult situations.  |
| <b><i>Staying Safe on the Internet</i></b><br>#2988<br>Grades 3-6  | 15 min.            |                 | This DVD is designed to teach students rules for staying safe whenever they go online. Three scenarios alert viewers to online dangers and teach the appropriate safety rules to follow.   |
| <b><i>Timon and Pumbaa: Safety Smart Online!</i></b><br>#3389<br>Grades K-4  | 12 min.            | Award<br>Winner | Timon and Pumbaa learn the importance of protecting their personal information, how to be responsible digital citizens and what to do if they are bullied.   |
| <b><i>The Wild Wild Web: A Student Guide to Preventing Cyber Bullying</i></b><br>#3431<br>Grades 3-6   | 26 min.            |                 | This program delivers the perfect combination of creative entertainment, practical advice and powerful strategies for coping with and reducing the frequency of cyber attacks.   |
| <b><i>Stepping Up To Cyber Bullying &amp; Web Safety</i></b><br>#3425<br>Grades Prek-4   | 15 min.<br>segment |                 | <i>This program deals with the growing and complex issues of cyber bullying and web safety in a warm hearted skit performed by Michael Pritchard and puppet characters. This dvd contains 4 lessons: 1. Being Safe and Secure on the Web, 2. Protecting yourself from cyber bullying, 3. Online Rumors, Texts, and Gossip, 4. Helping and Caring in a Digital World.</i> |
| <b><i>Frenemies: Unhealthy Friendships and What to Do About Them</i></b><br>#3324<br>Grades 3-5  | 29 min.            | Award<br>Winner | This DVD explores friendships gone awry and provides elementary students with strategies for coping with difficult friendships. True-to-life scenarios help kids identify when a friendship has turned negative and clearly demonstrate proven, constructive actions that work.  |
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