Safe Environment Training

Approved DVDs for Grades 4 - 6

DVDs are available through the Office for the Protection of Children and Youth

Name of Video	Time	Misc.	Brief Description
You are in Charge of Your Body – version B **#3426 Grades 3-5**	31 min.	Multiple Awards	The goal of this age-appropriate DVD is to protect children from abuse by helping them understand what sexual abuse is, how they can recognize it, how and whom to tell, empowering viewers to take charge of their bodies
When Should You Tell? Dealing with Abuse **#2787 Grades 3-5**	14 min.	Award Winner	This program deals with the difficult subject of sexual abuse in a delicate manner. Viewers will gain important information and insight in the area of self-protection.
If It Happens to You: Dealing with Abuse **#2971 Grades 3-5**	20 min.	Best Seller	Sensitive age-appropriate scenarios explore physical, verbal, and sexual abuse- as seen through the eyes of children. This program will encourage and empower young victims of abuse to speak up and get help.
Abuse: If It Happens to You **#2984 Grades 5-9**	24 min.		This DVD will help young teens understand that abuse of all types is more common than they think and if it happens to them, they need to tell a trusted adult. The DVD covers the different types of abuse that can occur and helps young teens understand the victim is never at fault.
Sexual Abuse: It's Not Your Fault **#3137 Grades 2-5**	30 min.		Three real-life scenarios in this program will help young viewers to identify different types of sexually abusive behaviors and provide viewers with concrete ways to help stop the behaviors and keep themselves safe.
Tricky People **#3014 Grades 3-5**	38 min.		The accurate profile of a Tricky Person helps children learn to recognize the kind of behavior that means danger. Viewers learn to be safe and stop Tricky People in their tracks.
What Tadoo About Secrets **#3150 Grades 3-5**	18 min.		Professor Von Carp and his wise frog friends team up to teach important lessons in making choices, distinguishing "good" secrets from bad and following basic rules to getting help.
Safety N.E.T. Kids: No Easy Targets **#2915 Grades K-6**	30 min.		This DVD will teach children the importance of knowing when it's ok to say no, about unwanted touches, what to do when they are approached or grabbed by a stranger and how to react in other dangerous situations.
Facing Dangers: Red Light, Green Light **#3435 Grades 3-5**	16 min.		The DVD explains the difference between a red light person and a green light person. A green light person is someone you can trust to help keep you safe and avoid red light people.
Stranger Danger Awareness: The Five Traps **#3047 Grades 3-5**	10 min		Through vignettes this program demonstrates 5 traps that are commonly used by child abusers to lure children away form their surroundings into harms way. Viewers will see how strangers they encounter on the street, in stores, or on the way to school, or out in cyberspace can be dangerous regardless of their appearance. The traps are *the pet trap, the car trap, the tech trap, and the authority trap.*
Say No with Pride **#3160 Grades 3-6**	15 min.		Using four true-to-life scenarios that viewers will identify with, the DVD demonstrates skills children can apply to their everyday lives that will enhance their self-esteem and contribute to their self-confidence.
Standing Tall: Learning Assertiveness Skills **#3245 Grades 5-9**	24 min.	Honorable Mention	This powerful program helps guide middle school students on the challenging road toward learning to speak up for themselves and others.

Nobody's Perfect: Learning Self-Acceptance **#3046 Grades 5-9**	23 min.	Award Winner	This DVD discusses the key issues of self-acceptance including: What is self-acceptance? Why do we look for perfection in ourselves? How does the media influence our self-perception? How do our peers influence the way we think about ourselves? What steps can we take to get to know ourselves better and appreciate ourselves.
Staying Safe on the Internet **#2988 Grades 3-6**	15 min.		This DVD is designed to teach viewers rules for staying safe whenever they go online. Three scenarios alert viewers to online dangers and teach the appropriate safety rules to follow.
The Internet and You: Staying Safe **#2990 Grades 5-9**	15 min.		With humor that will appeal to young teens, this program talks about using caution while online. Strategies offered in the program are designed to make surfing the internet a positive, safe experience.
The Wild Wild Web: *A Student Guide to Preventing Cyber Bullying* **#3431 Grades 3-6**	26 min.		This program delivers the perfect combination of creative entertainment, practical advice and powerful strategies for coping with and reducing the frequency of cyber attacks.
B Careful When U Txt: The Dangers of Texting & Sexting **#3070 Grades 5-9**	20 min.		The program explores the positive and negative aspects of cell phones, mobile email devices and hand-held computers. Information includes the do's and don'ts of text messaging, including references to laws on privacy and child pornography, setting and maintaining personal boundaries, dealing with unforeseen consequences, and underscoring the need to "think before you click."
Dangers of Texting and Sexting *(What kind of Messages are you sending)* **#3390 Grades 4-8**	14 min.		This program will cover the basic do's and don'ts of texting and sexting. The program demonstrates the consequences of using this technology if you don't think ahead before you hit send.
The Antidote to Bullying: Kindness and Respect **#3436 Grades 3-6**	12 min.		Through dramatic vignettes, candid student reflections and expert insight, young viewers will get a clear understanding of what bullying is, how it affects victims and how kindness and respect can improve the situation.
Words That Hurt **#3326 Grades 3-5**	17 min.		Sticks and stones may break my bones, but words will never hurt me. Every child knows this nursery rhyme is just not true. Words do hurt. This age-appropriate program shows viewers how powerful words can be and what they can do when someone uses words that hurt.
You're Mean! When Words Hurt Us **#3430 Grades 3-6**	13 min.		Thiis program helps children understand that words can hurt- whether the insults are intentional or the inadvertent result of "trying to be funny". Four common scenarios identify the power of words: a know-it-all, a playground bully, a teacher's pet, and an older sibling. Each scenario includes a positive outcome where children find a way to stand up for themselves and overcome the power of hurtful words.
Power Trip: Bullying in School **#3135 Grades 5-9**	21 min.	Honorable Mention	This DVD explores middle school bullying in ways that viewers will relate to and easily understand. Viewers will hear from real teens who experienced bullying firsthand as well as from students who have been the aggressors. Attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully.
Safety N.E.T. Kids: "Bullies" Stand Tall, Be Strong **#2914 Grades 2-6**	32 min.		Through this program, viewers will learn about the importance of building good friendships, simple practical and effective responses to threats and physical abuse, and how to handle name-calling.
When You See Bullying Happen: What a Bystander Can Do **#3138 Grades 3-5**	17 min.		While some bystanders laugh and encourage the bully because they fear being the next target, others want to help but feel helpless to do anything. This program shows viewers that when it comes to bullying, bystanders CAN make a difference.
"Are You a Bully?" Test **#3145 Grades 5-9**	23 min.	Award Winner	Many people may be bullies and not even know it. This program challenges viewers to think about their own behavior with 8 questions about physical, verbal, and exclusionary bullying. This program shows how bullying hurts both the person being bullied and the bullies themselves.
Harassment Hurts: Gossiping, Taunting and Bullying **#3151 Grades 3-5**	23 min.		Viewers will watch and react to dramatic vignettes that show realistic situations of harassment. A professional lends expert advice about what viewers can do to handle these difficult situations.

Bully Smart Series ***Includes Four programs*** *Are You A Bully? (14 min.)* *Five Ways to Stop a Bully (13 min.)* *Don't Stand By (13 min.)* *Help! I'm a Bully! (14 min.)* **#3244 Grades 3-5**	54 min. (total)	Best Seller	This program encourages students to recognize bullying behavior in themselves. There are four individual sections on the DVD.
Stop Bullying with Mike Hall **#3340 Grades 5-9**	22 min.		In this program Mike Hall, a former victim of bullying, explains the Bully, the Target and How We React. Most importantly Mike walks viewers through the four C's of How to Handle a Bully.
Play It Safe – Strategies for a Safe School Environment **#3116 Grades 5-9**	18 min.	Award Winner	This program helps teach viewers that they are active players in creating a safe school environment. Issues covered are gossiping, taunting, ignoring, labeling, isolating, teasing, intolerance, bullying and excluding. Viewers learn how to use their influence to encourage peers to follow these strategies.
Frenemies: Unhealthy Friendships and What to Do About Them **#3324 Grades 3-5**	29 min.	Award Winner	This DVD explores friendships gone awry and provides elementary age viewers with strategies for coping with difficult friendships. True-to-life scenarios help kids identify when a friendship has turned negative and clearly demonstrate proven, constructive actions that work.

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