



<b><i>Standing Tall: Learning Assertiveness Skills</i></b> #3245 Grades 5-9	24 min.	Honorable Mention	This powerful program helps guide middle school students on the challenging road toward learning to speak up for themselves and others.
<b><i>Nobody's Perfect: Learning Self-Acceptance</i></b> #3046 Grades 5-9	23 min.	Award Winner	This DVD discusses the key issues of self-acceptance including: What is self-acceptance? Why do we look for perfection in ourselves? How does the media influence our self-perception? How do our peers influence the way we think about ourselves? What steps can we take to get to know ourselves better and appreciate ourselves.
<b><i>Staying Safe on the Internet</i></b> #2988 Grades 3-6	15 min.		This DVD is designed to teach viewers rules for staying safe whenever they go online. Three scenarios alert viewers to online dangers and teach the appropriate safety rules to follow.
<b><i>The Internet and You: Staying Safe</i></b> #2990 Grades 5-9	15 min.		With humor that will appeal to young teens, this program talks about using caution while online. Strategies offered in the program are designed to make surfing the internet a positive, safe experience.
<b><i>The Wild Wild Web: A Student Guide to Preventing Cyber Bullying</i></b> #3431 Grades 3-6	26 min.		This program delivers the perfect combination of creative entertainment, practical advice and powerful strategies for coping with and reducing the frequency of cyber attacks.
<b><i>B Careful When U Txt: The Dangers of Texting &amp; Sexting</i></b> #3070 Grades 5-9	20 min.		The program explores the positive and negative aspects of cell phones, mobile email devices and hand-held computers. Information includes the do's and don'ts of text messaging, including references to laws on privacy and child pornography, setting and maintaining personal boundaries, dealing with unforeseen consequences, and underscoring the need to "think before you click."
<b><i>Dangers of Texting and Sexting (What kind of Messages are you sending)</i></b> #3390 Grades 4-8	14 min.		This program will cover the basic do's and don'ts of texting and sexting. The program demonstrates the consequences of using this technology if you don't think ahead before you hit send.
<b><i>The Antidote to Bullying: Kindness and Respect</i></b> #3436 Grades 3-6	12 min.		Through dramatic vignettes, candid student reflections and expert insight, young viewers will get a clear understanding of what bullying is, how it affects victims and how kindness and respect can improve the situation.
<b><i>Words That Hurt</i></b> #3326 Grades 3-5	17 min.		Sticks and stones may break my bones, but words will never hurt me. Every child knows this nursery rhyme is just not true. Words do hurt. This age-appropriate program shows viewers how powerful words can be and what they can do when someone uses words that hurt.
<b><i>You're Mean! When Words Hurt Us</i></b> #3430 Grades 3-6	13 min.		This program helps children understand that words can hurt- whether the insults are intentional or the inadvertent result of "trying to be funny". Four common scenarios identify the power of words: a know-it-all, a playground bully, a teacher's pet, and an older sibling. Each scenario includes a positive outcome where children find a way to stand up for themselves and overcome the power of hurtful words.
<b><i>Power Trip: Bullying in School</i></b> #3135 Grades 5-9	21 min.	Honorable Mention	This DVD explores middle school bullying in ways that viewers will relate to and easily understand. Viewers will hear from real teens who experienced bullying firsthand as well as from students who have been the aggressors. Attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully.
<b><i>Safety N.E.T. Kids: "Bullies" Stand Tall, Be Strong</i></b> #2914 Grades 2-6	32 min.		Through this program, viewers will learn about the importance of building good friendships, simple practical and effective responses to threats and physical abuse, and how to handle name-calling.
<b><i>When You See Bullying Happen: What a Bystander Can Do</i></b> #3138 Grades 3-5	17 min.		While some bystanders laugh and encourage the bully because they fear being the next target, others want to help but feel helpless to do anything. This program shows viewers that when it comes to bullying, bystanders CAN make a difference.
<b><i>"Are You a Bully?" Test</i></b> #3145 Grades 5-9	23 min.	Award Winner	Many people may be bullies and not even know it. This program challenges viewers to think about their own behavior with 8 questions about physical, verbal, and exclusionary bullying. This program shows how bullying hurts both the person being bullied and the bullies themselves.

<b>Harassment Hurts: Gossiping, Taunting and Bullying</b> <b>#3151</b> <b>Grades 3-5</b>	23 min.		Viewers will watch and react to dramatic vignettes that show realistic situations of harassment. A professional lends expert advice about what viewers can do to handle these difficult situations.
<b>Bully Smart Series</b> <b>Includes Four programs</b> <i>Are You A Bully? (14 min.)</i> <i>Five Ways to Stop a Bully (13 min.)</i> <i>Don't Stand By (13 min.)</i> <i>Help! I'm a Bully! (14 min.)</i> <b>#3244</b> <b>Grades 3-5</b>	54 min. (total)	Best Seller	This program encourages students to recognize bullying behavior in themselves. There are four individual sections on the DVD.
<b>Stop Bullying with Mike Hall</b> <b>#3340</b> <b>Grades 5-9</b>	22 min.		In this program Mike Hall, a former victim of bullying, explains the Bully, the Target and How We React. Most importantly Mike walks viewers through the four C's of How to Handle a Bully.
<b>Play It Safe – Strategies for a Safe School Environment</b> <b>#3116</b> <b>Grades 5-9</b>	18 min.	Award Winner	This program helps teach viewers that they are active players in creating a safe school environment. Issues covered are gossiping, taunting, ignoring, labeling, isolating, teasing, intolerance, bullying and excluding. Viewers learn how to use their influence to encourage peers to follow these strategies.
<b>Frenemies: Unhealthy Friendships and What to Do About Them</b> <b>#3324</b> <b>Grades 3-5</b>	29 min.	Award Winner	This DVD explores friendships gone awry and provides elementary age viewers with strategies for coping with difficult friendships. True-to-life scenarios help kids identify when a friendship has turned negative and clearly demonstrate proven, constructive actions that work.

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