1 MEET WITH YOUR PRIEST

CALL THE PARISH
Timing | At least 6 months before your wedding
- Select the date for your wedding
- Arrange remaining meetings with the priest/deacon.

2 FOCCUS INVENTORY

SCHEDULE WITH YOUR PRIEST OR HIS DELEGATE
Timing | 8-20 weeks before your wedding
- The FOCCUS Inventory is a tool designed to help couples deepen discussion and build unity. More info at www.foccusinc.com.
- Your priest will give you directions to access the FOCCUS Inventory or will connect you with a facilitator who can.
- You can expect to complete the Inventory and schedule a follow-up meeting with your facilitator.

3 DEEPEN YOUR RELATIONSHIP

CHOOSE AN EXPERIENCE
Website | www.eriercd.org/familylifeoffice
- Select and attend one of the preparation opportunities 4-6 months prior to your wedding.
- Goal: Offer an experience that allows you to commit more deeply to God and one another in the days preparing for your marriage. Provide practical wisdom, space for growth in prayer, and relationship tools needed for a joyful, successful marriage.

4 LEARN NATURAL FAMILY PLANNING

SCHEDULE INTRODUCTION CLASS WITH INSTRUCTOR
Timing | 8-20 weeks before your wedding
- Natural Family Planning (NFP) is a scientifically supported, Church-approved method of learning about your shared fertility, planning for children, and planning to postpone pregnancy. The CDC recognizes the latest methods of Natural Family Planning as up to 98% effective in postponing pregnancy.
- Learn more about NFP at www.eriercd.org/chastity.html

5 PLAN THE CEREMONY

- Meet with Father to plan your wedding ceremony, including choosing readings, confirming music/decoration plans, and clarifying expectations in light of COVID19 adjustments.
Is this a second marriage or is either spouse bringing children into the marriage?

**YES**

The NOVA mentorship program covers the basics for a happy, holy marriage AND offers specific sessions tailored for those with children or entering a second marriage, such as blending families and integrating past experiences.

**NO**

Which of the following most closely matches what you are looking for in a preparation experience?

1. **Engagement Encounter**
   - A retreat. We want time to focus on our relationship, away from the demands of everyday life. Bonus points for a date-like feel and the opportunity to get to know others at a similar point in life.

2. **Pre-Cana**
   - Information. Please give us the information and we'll figure out how to apply it on our own time!

3. **Mentor Cohort**
   - Long term growth. Give us a chance to bring our authentic selves into a community of experienced (mentor) and new (other engaged) couples that cares about us and helps us learn, process, and grow.

More information at [https://www.eriercd.org/familylifeoffice](https://www.eriercd.org/familylifeoffice)