Catholic Marriage Preparation in 5 Easy Steps:

1. Arrange for meetings with your parish priest or deacon (at least) 6 months before your wedding.

2. Complete the FOCUS Inventory—a discussion tool used by the diocese of Erie to optimize the marriage preparation process.

3. Select and Attend one of the following premarital retreats at least 4-6 months before the wedding:
   - Engagement Encounter
   - Pre-Cana
   - NOVA (for remarriage)

Choose one of the following:

**ENGAGEMENT ENCOUNTER**
One weekend to help you learn the value of:
- building a strong relationship
- inviting God into your marriage
- important skills to make love last!

[www.erieRCD.org/ee.htm](http://www.erieRCD.org/ee.htm)

**NOVA**
A one-day retreat for those who:
- were previously married
- are free to remarry in the Church
- are blending families of any ages
- desire to have a satisfying successful marriage

[www.erieRCD.org/nova.htm](http://www.erieRCD.org/nova.htm)

**PRE-CANA**
One- or two-day sessions that contain:
- practical wisdom
- useful tools
- peace in the midst of the planning

[www.erieRCD.org/precana.htm](http://www.erieRCD.org/precana.htm)

4. Learn more about Natural Family Planning—Discover a natural way to plan for or postpone pregnancy using scientifically proven and Church-approved methods.
   Visit: [www.erieRCD.org/NFP.htm](http://www.erieRCD.org/NFP.htm)

5. Plan your wedding ceremony with your priest or deacon.

To view or print any retreat schedule, scan QR code or visit: erieRCD.org/familylifeoffice.htm

To request a print copy of a schedule, call the Family Life Office at: 814-824-1265
Preparing for your Marriage in the Diocese of Erie

The Catholic Church wants to provide you with a strong foundation for a successful and enriching Christian marriage.

As you begin the journey toward your wedding day, please remember to follow these important steps before your marriage begins. . .

Visit: www.erieRCD.org/familylifeoffice.htm

Call: 814-824-1265