

Make up – 1st Reconciliation Retreat

A. Watch the following video: Lego-The Prodigal son

<https://www.youtube.com/watch?v=dPt-XJM9daM>

Ask the following questions:

1. Name the 3 main characters of the story.
2. What did the one son want?
3. What did the son do after the father gave him the money?
4. What happened when the money ran out?
5. What did the father say when the son returned home?
6. Who is the father like? Why?
7. Who are we most like?
8. What does Jesus want us to learn when he tells his story?
9. Why is this a good story to read when learning about the Sacrament of Reconciliation?

B. Which Animal are you?

Use the attached sheet to explain sin and how we examine our conscience. Remind your child that before we go to confession we must prepare. (ask kids to define conscience and the word examination) Define an examination of conscience as a time we look at ourselves and how we have been acting. Have we done, said, or thought about things that were loving to God and others or not so loving of God and others? Use the “Which animal are you” sheet to help examine our conscience.

C. Act out going to confession. Remind your child that this is not a real confession because you need a priest. (God is forgiving your sins though a priest.) Ask if they have any questions. A copy of the Rite of Reconciliation is attached.

D. Practice saying the Act of Contrition together. Use the attached sheet to cut apart the lines and place the prayer in the proper order. After they are done practicing have them glue the lines to another piece of paper in the proper order.

Which Animal Are You?

To help us examine our conscience and think of our sins, let's think about whether we are like any of these animals.

Are you prickly like a porcupine? Do you stick people with hurtful words? Do you say things that are kind and true? Do you use God's name respectfully in prayer, not anger?

Are you grouchy as a bear? Do you hurt others because you are too grumpy to care? Do you take care of God's creation or do you stomp on flowers and break tree branches? Do you say mean things when you are in a bad mood? Do I grouch and complain when its time to go to church?

Do you run like a deer? Do you leave the room so you won't have to help with a chore? Do you hide in front of the TV or video game and not listen to what your parents ask you to do? Do you look away when someone needs your help?

Are you like a clucking chicken? Do you talk about other people? Do you say unkind things? Are you a tattle-tale? Are you talking so much you forget to listen to what your friend, your parents, or your teacher is saying? Are you respectful of your parents and the rules they have? Do you speak the truth or have you lied?

Are you as sneaky as a snake stealing eggs? Do you take things that don't belong to you? Do you use things that are your brother's or sister's without asking them first?

Are you Snoopy? Do you snoop and listen to gossip? Do you tell others what to do? Do you try to find out things that are none of your business? Do you laugh or giggle when others make a mistake?

Are you a barking dog? Do you "bark" at others by talking in a loud, mean voice? Do you yell at others? Do you "bark" so much you forget to listen?

Are you a pack rat? Do you keep things just to yourself and not share? Are you jealous of what others have?

In what ways do you need to change?

Reflect on how you are...

Rite of Reconciliation



Say hello and begin the Sign of the Cross.

**In the Name of the Father and of the Son and
of the Holy Spirit. Amen.**

Say: **Bless me Father for I have sinned.
This is my first Confession.**

Tell Father your sins.....

Listen to Father. Remember your penance.

Pray the Act of Contrition:

**My God, I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good,
I have sinned against you whom I should love
above all things.
I firmly intend with your help to do penance, to
sin no more, and to avoid whatever leads me to
sin. Our savior Jesus Christ suffered and died for
us. In His name, my God, have mercy.**

Listen to the Prayer of Absolution:

Say: **Amen**

When Father says go in peace, answer **Thanks be to God.**

Thank you, Father

Go out and pray your penance.

My God I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good,

I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior, Jesus Christ, suffered and died for us.

In His name, my God, have mercy. Amen